

## **OUR LADY OF FATIMA CONVENT SEC. SCHOOL**

Patiala

## **Sports**

The importance of sports can't be denied in the modern schools. Students learn life lessons from sports. They learn teamwork, self esteem, motivation, social skills remain fit. It's a matter of great pride for the school as well as parents that our students are performing exceptionally well at various levels also. The importance of parental involvement is also evident there but at the same time they need to be more supportive. They should support and co-operate with the teachers who accompany the students as when the students compete at school level, things/timings are in our control but when they go out to play at inter school or District or state level, things are not in our control. It may take a little longer then. In that case we expect the parents to be more supportive. They should also make sure that the students carry healthy and sufficient food and water to the sports ground.